

HONOR YOUR MOTHER!

25 PAINLESS THINGS YOU CAN DO RIGHT NOW TO HELP THE PLANET

In random order . . . just pick some . . . it all adds up!

1. Plant a native tree
2. Pick up rubbish at a natural area
3. Use paper or reusable shopping bags when possible
4. Use refillable water bottles and coffee mugs
5. Pull a bag of invasive species like garlic mustard
6. Plant a native garden in place of a lawn
7. Pledge to volunteer at a SWMLC workday in the future
8. Plant a butterfly or bee garden
9. Eat plant-based one day per week... or more!
10. Consolidate errands to reduce drive time
11. Shop second-hand
12. Buy local
13. Compost
14. Recycle
15. Go paperless with bills, magazines, catalogs, etc.
16. Use natural pest solutions
17. Enroll in utility peak time cycling programs that reduce energy usage
18. Turn up your thermostat in the summer, and turn it down in the winter
19. Grow a vegetable garden
20. Line dry your clothes
21. Use rain barrels or collect rain water to water gardens
22. Buy in bulk to reduce packaging and waste
23. Use rags instead of paper towels
24. Use cloth napkins
25. Buy natural and earth-friendly products