

HONOR YOUR MOTHER!

25 PAINLESS THINGS YOU CAN DO RIGHT NOW TO HELP THE PLANET

In random order ... just pick some ... it all adds up!

1 Plant a native tree

2 Pick up trash at a natural area

Use paper or reusable shopping bags when possible **3**

4 Use refillable water bottles and coffee mugs

5 Pull a bag of garlic mustard *and maybe even eat it!*

6 Plant a native garden in place of a lawn

7 Pledge to volunteer at a future SWMLC workday

8 Plant a butterfly or bee garden

10 Consolidate errands to reduce drive time

11 Shop second-hand

9 Eat plant-based one day per week ... or more!

13 Compost

12 Buy local

14 Recycle

15 Go paperless with bills, magazines, catalogs, etc

16 Use natural pest solutions

17 Enroll in utility peak time cycling programs that reduce energy usage (*or just skip the AC!*)

18

Turn your thermostat up in the summer, and down in the winter

19

Grow a vegetable garden

20 Line dry your clothes

Use rain barrels to collect water for gardens

21

22 Buy in bulk to reduce packaging waste

23 Use cloth napkins

24 Use rags instead of paper towels

25 Buy natural, earth-friendly products

